

C.O.C. INDIVIDUAL CAMPS

"NORTHWEST" INDIVIDUAL CAMPS (Ellensburg, WA.)

July 5-July 15	Intensive Combo Camp
July 5-July 11	Intensive Training Camp
July 5-July 9	Technique Camp
July 5-July 9	Youth Camp
July 5-July 9	Father/Son Camp

"WEST COAST" INDIVIDUAL CAMPS (ROCKLIN, CA.)

July 11-July 21	Intensive Combo Camp
July 11-July 17	Intensive Training Camp
July 12-July 17	HWT & Big Man Camp
July 12-July 16	Technique Camp
July 12-July 16	Youth Camp

COMPETITION CAMPS

The competition camp is for individuals that are not affiliated with a team attending all team camps in CO, TX, SO. Cal, WA & NO. Cal.

ALASKA CAMPS

May 25-June 1	Alaska Wrestling Camp
August 3-August 9	Alaska Intensive Camp



CAMP OF CHAMPIONS

Intensive Wrestling School

2009 Team Camps

Denver, Colorado

Colorado Christian University

June 7 - 11, 2009

Plainview, Texas

Wayland Baptist University

June 14 - 18, 2009

Riverside, California

California Baptist University

June 23 - 27, 2009

Ellensburg, Washington

Central Washington University

July 11 - 15, 2009

Rocklin, California

William Jessup University

July 17 - 21, 2009



Build Team Unity ★ Dual Meet Competition ★ Excellent Technique Sessions

Individual Bracketed Tournaments ★ Trophies and individual awards

★ \$1,000 for team champs at all team camps

★ Coaches Information on Drilling Techniques, Preparing & Peaking, Fundraising

Experience the Finest Team Camps in the Nation!

Website: campofchamps.net

Email: campofchampions@ca.rr.com

CAMP OF CHAMPIONS

* 5 Days of Competition & Technique
* Guaranteed 16 Dual Meets
* 32 Man Bracket Tournament
* 2-Minute Periods
* Professional Growth Clinics For Coaches
* Team Awards For "Top 5"!
* Individual Awards For "Top 8"!
* \$1,000.00 For Team Champions
* Quality Mat Time / Little Down Time
* 11 Years Of Team Camp Experience
* C.O.C. Team Camps Are Organized & Structured
"YOU WON'T GET A FINER TEAM BUILDER"
ATTEND THE C.O.C. 2009 TEAM CAMPS

TENTATIVE WEEKLY SCHEDULE

DAY #1
11:30 - 2:30.... Registration and weigh-in
Fourteen weight classes
* Weigh-in at registration for dual competition
2:45..... Introduction at Wrestling Facility
3:00..... Technique Session
4:30..... Dinner
6:30..... Technique Session
8:00..... (2) Dual Meets
10:00 Coaches Dinner/Social

DAY #2
8:00..... Technique session
9:00..... (2) Dual Meets
Lunch
2:00..... (2) Dual Meets
Dinner
6:30..... Technique session
7:30..... (2) Dual Meets
10:00 Coaches Clinic

DAY #3
8:00..... Technique session
9:00..... (2) Dual Meets
Lunch
2:00..... (2) Dual Meets
Dinner
6:30..... Technique session
7:30..... (2) Dual Meets
10:00 Coaches Clinic

DAY #4
8:00..... Final Dual Meets
*2nd weigh-in at individual competition tournament
Lunch
2:00..... Technique session
3:00..... First session of Individual Tournament
Dinner
6:30..... Second session of Individual Tournament
9:30..... Teams clean rooms

DAY #5
8:00..... Lecture with entire camp
8:30..... Third session of Individual Tournament
11:00 Individual Awards/Team Awards
12:00 Check out

COACH INFORMATION

- 1) Send in the Team Camp coupon.
- 2) Send in a \$500.00 Team Deposit with the coupon.
*You will be refunded \$500.00 cash when your team reports to camp. If team does not report, team deposit is not refunded!
- 3) All individual applications must be sent 12 days before camp.
• Colorado Team Camp – May 27, 2009
• Texas Team Camp – June 3, 2009
• So. Cal Team Camp – June 12, 2009
• Washington Team Camp – June 30, 2009
• Nor. Cal Team Camp – July 5, 2009
* Coach: Please send in one mailing; if you have late attendees, have them send application with a letter to state their affiliation.
- 4) Weight classes for 2009 Team Camps: 103, 112, 119, 125, 130, 135. 140, 145, 152, 160, 171, 189, 215, Hwt. There will be a dual meet weigh-in and the tournament weigh-in.
- 5) Any extra wrestlers will be placed on an all-star team! * If a starter is injured, you can pull your 2nd team wrestlers from the all-star team.
- 6) Prize money for the team champs will be given after the last dual. All wrestlers on the team must attend the school. Any wrestler that does not attend the school will designate an all-star team. \$1,000.00 check will be written to your wrestling program.
- 7) All assistant coaches will be charged \$240.00 for the team camp.
- 8) Coaches are responsible for their team behavior and any damages that might occur to any facility.
- 9) Coaches are responsible to dismiss any individual for any university violation; all team members will comply with university regulations and guidelines.
- 10) A full-time trainer will be available at all sessions.
- 11) There will be a camp store with wrestling gear, camp gear, pizza, and snack bar items every night.
- 12) If an applicant has special needs, he should include that information with the application.
- 13) "Most" dormitories are air-conditioned, 2-3 to a room; you will receive a rooming list sheet after team camp coupon and deposit has been acknowledged.

Camp of Champions
P.O. Box 755
Wildomar, CA 92595
Phone 866-854-1970 / Fax 951-678-1970
Website: campofchamps.net
Email: campofchampions@ca.rr.com

TEAM CAMP INFORMATION

The Camp of Champions Intensive Wrestling School has developed the ultimate experience for the competitive wrestler and coach! Our TEAM CAMPS 2009 will offer wrestlers nationwide the opportunity to develop their individual skills and learn new techniques while working together towards their team's ultimate goal. We are convinced that a whole season of experience can be obtained by attending the TEAM CAMPS 2009.

During the course of the week, each wrestler will participate in a combination of technique sessions, scrimmages, team dual meets and an individual double elimination tournament.

- ★ First 32 teams to confirm their participation at each camp will be admitted.
- ★ A limited number of individual competitors or individual groups applying without a full team will be admitted and added to existing team rosters or made of all-stars teams. These will be a limited number and handled on a first come, first serve basis.
- ★ Two or three small teams can combine to form a team.
- ★ Individual tournament awards.
- ★ \$1,000 for team champions!

2009 Team Camp Dates & Costs:

Table with 3 columns: Site, Date, Resident / Commuter. Rows include Colorado, Texas, So. Calif, Washington, and Nor. Calif with their respective dates and costs.

* HEAD COACH - FREE
* ALL ASSISTANT COACHES - \$240.00
* Each Camper needs to fill out "Individual Application Form". The Coach needs to send all paperwork collectively with \$100.00 non-refundable deposit. No exceptions!
* Coach needs to send a \$500.00 team deposit to secure your team's spot.
"CALL TODAY FOR MORE INFORMATION TO RESERVE YOUR TEAM"

Form fields for wrestler and parent information including Name, Address, School, Phone, Insurance, Injuries, Allergies, and a signature line.

FOR MORE INFORMATION:
Call: Camp of Champions at (866) 854-2560 Email: campofchampions@ca.rr.com
Write: Camp of Champions • P.O. Box 755 • Wildomar, CA 92595

DETACH HERE
TEAM CAMPS
(CHECK TEAM CAMP ATTENDING)
* CO. TEAM CAMP: June 7 - 11
* TX. TEAM CAMP: June 14 - 18
* S. CA TEAM CAMP: June 23 - 27
* WA. TEAM CAMP: July 11 - 15
* N. CA TEAM CAMP: July 17 - 21
Coach Name, School Name, School Address, Home Address, Email, Day Phone, Eve. Phone, \$500.00 Deposit: Check #, Date, Send coupon to: Camp of Champions • P.O. Box 755 • Wildomar, CA 92595